

AUTHOR BIOGRAPHY

Kristen Clark, author of the award-winning and 5 Star book, *Becoming a Woman of Worth: Creating a More Confident You*, is a real-life example of someone who conquered low self-esteem by aligning her thoughts about herself with God's thoughts about her. A highly sought-after speaker and confidence coach, she is also the creator of HisSideoftheLookingGlass.com, designed to help women develop confidence as a spiritual mindset for increased personal success. Driven by a passion to help women fulfill their noble purpose, Kristen speaks frequently on confidence as a Daughter of the King. Her articles have appeared in numerous online journals and magazines, while her inspirational short stories have been published in Chicken Soup for the Soul and other compilation books. Kristen is also a member of the American Association of Christian Counselors and has successfully facilitated private and group coaching sessions for others plagued by low self-esteem.

Kristen celebrates life with her husband, Lawrence, and feline companions in Cypress, TX.

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